NEWSLETTER
June 2025

Swimbridge House Nursing Home

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Editor's Desk

Hello Residents, Families and Friends!

Well we are in the 6th month of the year already! I cannot believe we are half way to… CHRISTMAS!!!

I hope everyone enjoyed the beautiful sunshine we had in May and long may it last.

We had a wonderful month of May and got up to so many fun things and had lots of trips out. Our bus has passed with flying colours on its MOT so another year of journeys in Eric!

Lots more going on in June so keep an eye to see what we get up to!

With warm wishes and joyful reflections,

Lauren x x

June Trivia

June is named for Juno, Roman queen of the gods

Zodiac signs: **Gemini & Cancer**

Birthstone: **Moonstone or Pearl**

Flower: **Rose or Honeysuckle**

Quote of the Day

You are never too old to set another goal or to dream a new dream.

– C.S.Lewis

May in review

Smoothies

We enjoyed smoothies in the garden and had mango and strawberry ones. They were so Yummy!!

Henry

Our most loved doggie at Swimbridge Henry who visits us every other week and we enjoy his visits very much!

Coffee and cake

We have enjoyed ice creams, coffee and cake and lunch trips out this month at some of our favorite places to go!

Upcoming Events

Henry the pat dog
Every other Monday afternoon

Hairdresser
Every Wednesday morning

D Day singers
Friday 6th June

Terry bond singing
Tuesday 10th June

Tamsin Ball singing
Thursday 12th June

Kimberley singing
Monday 16th June

Steve Bell singing
Tuesday 24th June

Special Days

1st	World Milk Day
2nd	Italian National Day
5th	World Environment Day
6th	D-Day
8th	World Oceans Day
15th	Father's Day (US, CA, UK)
19th	Emancipation Day (US)
21st	World Music Day
30th	Wimbledon

June Birthdays

In June, we celebrate birthdays with:

- **Louise 6th**
- **Vignesh 6th**
- **Liz 9th**
- **Dinah 10th**
- **June 13th**
- **Betty Webster 15th**
- **Tuula 30th**

Have a wonderful day everyone!

June Trivia

June's name comes from the Roman goddess Juno, protector of women and marriage.

In 1969, Neil Armstrong was named the first civilian selected for the astronaut program—and in just one month, he would make history.

June 1st, 1967, saw the release of The Beatles' iconic album Sgt. Pepper's Lonely Hearts Club Band—a musical landmark that still resonates today.

Gemini (May 21 – Jun 20)
Geminis love to learn and they never stop wondering about the unexplained.

Cancer (June 21 – July 22)
Cancer personalities are very emotional and sensitive, and care deeply about matters of the family and their home.

Poem to Share

Don’t Quit

John Greenleaf Whittier

When things go wrong, as they sometimes will,
When the road you’re trudging seems all uphill,
When the funds are low and the debts are high,
And you want to smile, but you have to sigh,
When care is pressing you down a bit—
Rest if you must, but don’t you quit.

Life is strange with its twists and turns,
As every one of us sometimes learns,
And many a failure turns about
When he might have won had he stuck it out;
Don’t give up though the pace seems slow—
You may succeed with another blow.

Success is failure turned inside out—
The silver tint of the clouds of doubt,
And you never can tell how close you are,
It may be near when it seems so far;
So stick to the fight when you’re hardest hit—
It’s when things seem worst that you must not quit.

Noticeboard

NEW RESIDENTS

A very warm welcome to:

- **Mike**
- **Keith**
- **James**

We hope that you enjoy your time here!

NEW STAFF

A warm welcome also goes to the people who joined our team this month

- **Kirsten**

We hope that you enjoy your time here!

IN MEMORIAM

To the families and friends of our late residents—may you be comforted by the knowledge that your loved ones are at peace.

- **Evelyn**

HAIRDRESSER

Jill is here every Wednesday at 9:30 until finished or lunch time.

If you would like to have an appointment, please let a member of staff know and Lauren will add your name to the appointment list.

Jill will not be here on the last Wednesday of June (25th) so please book the week before or after.

CAN YOU CONTRIBUTE?

Contributions to our newsletter are encouraged and appreciated!

Articles, photos, reports on community outings, staff news, trivia, poems and amusing stories relating to residents and staff are most welcome.

Please hand in your submission to reception, or email us anytime @ wellbeing@swimbridgehouse.co.uk

Thank you!

Laughing Matters

The Fisherman

Joe packed away his fishing gear in a bad mood because after all day fishing he hadn't caught a thing.

He passed by the fishmonger and asked for a large fish.
The fishmonger said: "What kind?"
"Any kind" Joe replied.

The fishmonger said: "You better take a Snapper because your wife was here earlier and told me if you came by to give you a snapper. That's what she feels like eating tonight."

The Nurse

A man was going frantically down the hall of the hospital in his wheelchair, just before his operation.

A nurse stopped him and asked: "What's the matter?"

He said, "I heard a nurse say, 'It's a very simple operation, don't worry, I'm sure it will be all right.'"

"She was just trying to comfort you, what's so frightening about that?"
"She wasn't talking to me. She was talking to the doctor!"

The Tramp

A gentleman was walking home when a tramp approached him and asked for two dollars.

The gentleman asked: 'For you to buy booze?'
'No, sir' replied the tramp.
The gentleman probed: 'For you to gamble then!'
'No, sir' replied the tramp.

'Then, will you come home with me so my wife can see what happens to a man who doesn't drink or gamble?'

Spotlight

VE DAY

We had the most amazing day for VE Day. We had the brilliant Tamsin Ball singing for us in the morning dressed in her Army outfit and then a street party lunch in the garden. Despite it being a little chilly this did not stop us!!

Word Search

ITALIAN PASTA

M A C A R O N I X B V S W E
T R I C C I O L I O O B L C
H O L I N G U I N E Y L A A
F Y R V S Z I T I L E P G N
S A C T E U H H Z T F A N N
K P K F E R P K A P F P O E
S R A K A L M I I E U P L L
J I P G S R L I G N S A O L
E G W Q H G F I C N I R T O
V A H F A E E A N E L D T N
C T L T Y K T I L I L E I I
H O G Y U F B T N L I L M O
E N S S Z X T B I J E L I V
O I F E T T U C C I N E U D

Spaghetti
Macaroni
Vermicelli
Tortellini
Fettuccine
Linguine
Fusilli
Agnolotti
Penne
Tagliatelle
Cannelloni
Pappardelle
Rigatoni
Farfalle
Ziti
Riccioli